Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 07 Aug 2022 until 23:59 on Monday 08 Aug 2022

Forecast Issued on Sunday 07 Aug 2022 at 03:52 by Met Office Aberdeen

Confidence: Medium.

Headline for Sunday 07 Aug 2022: Rain and drizzle. Hill fog. Windy.

Mountain weather hazards on Sunday 07 Aug 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
	FOG		FOG	FOG	FOG
Light rain	Fog	Light rain	Fog	Fog	Fog
Precipitation probability					
70%	40%	60%	80%	40%	20%

Forecast for Sunday 07 Aug 2022

Weather: Overcast with rain and drizzle for most around dawn. Most ranges soon turning dry, although some patchy drizzle slow to clear the far north. Some bright or sunny spells across northern ranges from late morning. However, rain and drizzle spread north across Knoydart and Skye late morning, with patchy drizzle affecting most ranges through the afternoon. Mainly dry in the evening.

Chance of cloud-free hill tops above 800m: 20%, best chance around Assynt and the north mid-morning to midday.

Low cloud and visibility: Extensive cloud, base 300 to 600m, patches below 300m, perhaps occasional cloud, base 900m, in the north around midday. Visibility moderate or good lower down becoming mainly very good later. Often poor or very poor at height.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Mountain Weather Forecast

Forecast for Sunday 07 Aug 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	28/33 W	28/33 W	27/34 W	25/32 W	26/34 SW	25/32 SW	26/33 SW
900	27/32 W	27/33 W	23/31 W	24/31 W	26/33 SW	24/31 SW	25/33 SW
600	19/24 W	21/26 W	18/26 W	18/25 W	19/27 SW	18/25 SW	18/26 SW
300	6/26 W	7/27 W	4/23 W	6/25 W	8/26 SW	7/25 SW	7/25 SW
Glen	11/21 W	12/21 W	9/17 W	10/20 W	11/21 SW	9/20 SW	9/21 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	9/4	8/2	8/4	9/5	8/4	8/3	7/2
900	9/5	8/4	9/5	10/6	9/5	8/4	8/3
600	11/7	10/7	11/8	12/8	11/8	10/7	10/7
300	12/10	13/12	13/12	13/13	13/12	12/11	12/11
Glen	13/12	15/13	15/14	15/14	15/14	14/13	14/13
Freezing Level*	2400m	2000m	2700m	3000m	3000m	3100m	2400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing further to add.

Forecast for Monday 08 Aug 2022
Weather: Mainly dry and cloudy overnight, although patchy rain north of Skye. Remaining cloudy during daylight hours with outbreaks of rain and drizzle, occasionally heavy.

Maximum wind: Southwest 20 to 25mph gusting 35mph.

Chance of cloud-free hill tops above 800m: 20%

Low cloud and visibility: Occasional or extensive cloud, base 600 to 900m. Visibility moderate or good, occasionally poor at times lower down and often poor or very poor at height.

Temperature: **Glens:** Plus 13 Celsius rising to 17 Celsius
At 800m: Plus 8 to 10 Celsius
Freezing level: Above the summits.

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